

School Lunch Choices

MAIN COURSE (1)

Ham or Turkey Sandwich
Turkey & Bacon Wrap
Nut Butter Sandwich
Cheese & Crackers
Bagel with Cream Cheese
Bagel Sandwich
Spaghetti & Sauce
Chicken Taco
Chicken Tenders and Biscuit
Bacon, Egg & Toast
Soup & Crackers
Shrimp & Rice
English Muffin Pizza
Meatloaf and roll
Ham Chunks & Wheat Thins
Pork Tenderloin and Roll
Salami, Cheese and Crackers
Hot Dog
Hamburger
Turkey Chunks & Pita
Fruit/Cheese/Meat Kabob &
Crackers
Nut Butter, apples and Rice Cakes
Veggie Stick, Hummus and Pita

FRUIT/VEGGIES (1-2)

Grapes
Apple
Berries
Carrots & Ranch Dip
Cucumbers
Tomatoes
Celery
Garden Salad
Melon
Broccoli
Green Beans
Snow Peas
Cauliflower
Zucchini
Squash
Oranges
Peaches
Pineapple
Banana
Fruit Salad
Raisins

Other (1-2)

Yogurt
Rice Cakes
Gold Fish
Mini Muffins
Popcorn
Cheerios
Pudding
Cheese Stick
Toast
Pita chips
Pretzels
Macaroni
Graham Crackers